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DISCLAIMER

The guidelines in this manual are only suggestions. It is the responsibility of each therapist to ensure the safety and the appropriateness of these exercises and activities. The authors can in no way be held liable or accountable for any malfunction or other consequences that occur due to following suggestions provided in this manual. Each therapist should follow fabrication guidelines and pre-test the item prior to usage by the client/patient. Each individual therapist assumes full responsibility regarding use for the appropriate diagnoses, body part, or functional outcomes. The recommended items/exercises/activities are only suggestions and each therapist assumes full responsibility of choices made for treatment. Each therapist also assumes full responsibility to monitor the use of these creative therapy ideas by their clients/patients.

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Body Part	SHOULDER	ELBOW	FOREARM	WRIST	THUMB	FINGERS	INTRINSICS
Function	GRIP/PINCH	BILATERAL	WT.BEARING	TACTILE	PAIN	SCAR	OTHER

RIBBON WAND

PURPOSE:

- Encourage non-resistive motion for shoulder, elbow, forearm, wrist, hand

SUPPLIES:

- 50" length of 2" ribbon
- Notebook/keychain ring
- Large paper clip
- Large rubber band
- 24" length of 1/8" wooden dowel

ASSEMBLY:

- Tie ribbon onto ring
- Attach ring to paper clip
- String rubber band through paper clip and then wrap around end of dowel



INSTRUCTIONS:

- Grasp end of wooden dowel and move the wand in various directions with arm.
- Wand can be built up, if needed, using cylindrical foam.